



VALLEY WOUND CARE SPECIALISTS

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## COVID-19 (Coronavirus) Update

### **Our offices are Open and accepting New Patients.**

During this ever-changing time, the fear of COVID-19 has hit many of our patients. We are taking extra steps in our office to keep you safe. Our providers are committed to your health.

To protect our staff and your fellow patients, please do not enter our office if you have the signs and symptoms of COVID-19 or have been in contact with someone that has tested positive for the COVID-19 virus.

At this time, we ask that all children under the age of 18 years old do not come into our office.

We prefer our patients to arrive by themselves to their appointments to limit the number of visitors.

We are currently offering Telehealth visits to those that may not be able to come in.

**If you believe you may have been exposed to COVID-19 or are exhibiting symptoms concerning for COVID-19 we recommend you contact your PCP or the The Arizona Department of Health Services  
1-844-542-8201**

**For additional information or to discuss specific patient needs, please call our office at 480-347-0844. We are all in this together.**

### Help Slow the Spread:

#### **CDC Guidelines:**

**- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.**

**-If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.**

**-Avoid touching your eyes, nose, and mouth with unwashed hands.**

**- Avoid close contact with people who are sick**

**-Put distance between yourself and other people.**

**-Stay home if you're sick.**

**For more information, visit:**

**<https://www.cdc.gov>**